

Directions to Boumi Temple

From Towson:

- 695 towards Essex to Exit 34 Rt. 7 Philadelphia Rd.
- Make a left turn on to Philadelphia Rd.
- Head East on Philadelphia Rd to King Ave Turn Left.
- 5050 King Ave will be on your Right.

From Anne Arundel County:

- 695 towards Essex to Exit 34 Rt. 7 Philadelphia Rd.
- Make a left turn on to Philadelphia Rd.
- Head East on Philadelphia Rd to King Ave Turn Left.
- 5050 King Ave will be on your Right.

Release & Waiver

I hereby waive all claims against *The Catholic High School of Baltimore*, its affiliates, sponsors, or any personnel for any injury that I may suffer while participating in this event. I grant full permission for the organizer to use photographs of me in legitimate accounts of the event. I attest and verify that I have full knowledge of the risks involved in the event, and I am physically fit and sufficiently trained to participate in this event. I understand there are to be no pets, headsets, rollerskates, rollerblades, strollers, baby joggers or bicycles at this event.

Signature _____
Date _____

Race Day Agenda

7:00 a.m. - 8:00 a.m.

Registration and race packet pick-up

8:10 a.m.

Warm up

8:15 a.m.

5k Walk starts

8:30 a.m.

5k Run starts

10:00 a.m.

Award ceremony for top finishers, post-race food and refreshments

Awards

- 1.) **Top Men & Women**
1st Place - \$50
- 2.) **#1 TCHS Student**
- 3.) **#1 TCHS Alumna**
- 4.) **Top Male & Female in the following Age Brackets:**
 - 19 and under
 - 20-39
 - 40-59
 - 60+

The Catholic High School of Baltimore



Cub 5K Run/Walk

co-sponsored by

*Catholic High's Alumnae Association,
National Honor Society & Student Council*

Sunday, October 16, 2016

Boumi Temple

5050 King Avenue

Baltimore, MD 21237

