

The Catholic High School of Baltimore

WEEKLY

Week 2 (9/3 - 9/6)

			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast 7:00 – 7:30			School closed	Breakfast Quesadillas \$6 Pasture raised local eggs, cheddar	Smoothie Bowl \$5 Preserved fruit, banana, oats, fresh berries	Frittata \$4 Pasture raised local eggs, grilled vegetable, cheddar	Biscuit Sandwich \$6/\$7 Housemade biscuit, Baked egg, bacon or turkey sausage	Available everyday Scones \$5, Muffins \$4, Overnight Oats \$5, Seasonal fruit salad \$4
Lunch 11:05 - 12:20	Soup of the week \$5 Tortilla Soup			Taco Tuesday 2/\$8 Choice of grilled chicken, beef, vegetables, Pico de gallo, jalapenos	Pasta \$10 Spaghetti/ meat sauce, garlic toast	Rice Bowl \$10 Choice of Grilled chicken, roasted sweet potato, onion, Cabbage, black eyed peas, shredded carrots	Local Blue Catfish \$12 Cornmeal encrusted Catfish, Liberian greens	Available everyday Handcut fries \$3 Chk Tenders \$5 Kosher beef hotdogs \$4 Assorted Sandwiches/ \$8 Wraps Salads \$7