

The Catholic High School of Baltimore

WEEKLY

Week of 9/9/2024

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast	Available everyday	Smoothie Bowl \$5 Banana, oats, fresh berries, honey French Toast Sticks \$4 Pasture raised local eggs, grilled vegetable, cheddar Bacon Scrambled Eggs	Smoothie Bowl \$5 Banana, oats, fresh berries, honey French Toast Sticks \$4 Pasture raised local eggs, grilled vegetable, cheddar Bacon Scrambled Eggs	Smoothie Bowl \$5 Banana, oats, fresh berries, honey French Toast Sticks \$4 Pasture raised local eggs, grilled vegetable, cheddar Bacon Scrambled Eggs	Smoothie Bowl \$5 Banana, oats, fresh berries, honey French Toast Sticks \$4 Pasture raised local eggs, grilled vegetable, cheddar Bacon Scrambled Eggs	Smoothie Bowl \$5 Banana, oats, fresh berries, honey French Toast Sticks \$4 Pasture raised local eggs, grilled vegetable, cheddar Bacon Scrambled Eggs	Available everyday Scones \$5 , Muffins \$4, Overnight Oats \$5, Seasonal fruit salad \$4
Lunch	Soup of the week \$5 Tomato Soup	Meatless Monday Grilled Cheese Sandwich & Tomato Soup \$8	Taco Tuesday 2/\$8 Choice of grilled chicken, beef, vegetables, Pico de gallo, jalapenos	Baked Ziti \$10 Ziti noodles, marinara, mozzarella, served with garlic toast	Egg Rolls Cheesesteak \$7 Vegetable \$5 Chicken Fried Rice \$7 Pasture raised chicken, vegetables, stir fried rice	FAST FOOD FRIDAYS Chicken Sandwich & Western Fries \$10 Fried pasture raised chicken breast, brioche bun, pickles served with western fries	Available everyday Kosher beef hotdogs \$4 Assorted Sandwiches/ \$8 Wraps Salad \$7