

# The Catholic High School of Baltimore

## WEEKLY

### NOVEMBER 18 – NOVEMBER 22

		<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	
Breakfast	Available everyday	<b>Smoothie Bowl \$5</b> Banana, oats, fresh berries, honey  <b>Smoothies \$5</b>  <b>French Toast Sticks \$4</b> Sliced French toast served w/ warm maple syrup & melted butter <b>Bacon</b> <b>Scrambled Eggs</b>  <b>Breakfast Sandwich \$6</b> Choice bagel or English muffin	<b>Smoothie Bowl \$5</b> Banana, oats, fresh berries, honey  <b>Smoothies \$5</b>  <b>French Toast Sticks \$4</b> Sliced French toast served w/ warm maple syrup & melted butter <b>Bacon</b> <b>Scrambled Eggs</b>  <b>Breakfast Sandwich \$6</b> Choice bagel or English muffin	<b>Smoothie Bowl \$5</b> Banana, oats, fresh berries, honey  <b>Smoothies \$5</b>  <b>French Toast Sticks \$4</b> Sliced French toast served w/ warm maple syrup & melted butter <b>Bacon</b> <b>Scrambled Eggs</b>  <b>Breakfast Sandwich \$6</b> Choice bagel or English muffin	<b>Smoothie Bowl \$5</b> Banana, oats, fresh berries, honey  <b>Smoothies \$5</b>  <b>French Toast Sticks \$4</b> Sliced French toast served w/ warm maple syrup & melted butter <b>Bacon</b> <b>Scrambled Eggs</b>  <b>Breakfast Sandwich \$6</b> Choice bagel or English muffin	<b>Smoothie Bowl \$5</b> Banana, oats, fresh berries, honey  <b>Smoothies \$5</b>  <b>French Toast Sticks \$4</b> Sliced French toast served w/ warm maple syrup & melted butter <b>Bacon</b> <b>Scrambled Eggs</b>  <b>Breakfast Sandwich \$6</b> Choice bagel or English muffin	<b>Available everyday</b>  Muffins \$4, Overnight Oats \$5, Fresh Fruit \$1 Fruit Salad
Lunch	Daily Soup \$5  Chicken Noodle  Soup of the Day \$5	<b>Chicken &amp; Broccoli \$9</b>  Grilled chicken, with broccoli, and rice	<b>Loaded Nachos \$9</b>  Pasture raised grilled chicken, pico de gallo, salsa, guacamole, sour cream, queso, lettuce, jalapenos	<b>Cajun Chicken Pasta \$10</b>  Pasture raised chicken breast, penne, roasted vegetable, creole cream sauce w/ garlic bread, side salad	<b>Thanksgiving \$10</b>  Sliced roasted turkey breast, green beans, stuffing, mashed potatoes gravy	<b>FAST FOOD FRIDAY</b>  <b>Loaded Tots \$9</b>  Choice of chicken, chili, bacon, sour cream, guacamole, salsa, queso, cheddar, chives, pickled jalapenos	<b>Available everyday</b>  Kosher beef hotdogs \$4 Assorted Sandwiches/ \$8 Wraps Southern Caesar Salad \$7